

**Yashwantrao Chavan Warana Mahavidyalaya, Warananagar**

Internal Quality Assurance Cell

**BEST PRACTICES**

**1. Janata Darbar - Knowledge Movement for student**

<b>Objectives:</b>	To develop creative and critical thinking, multi-skilled personality with positive and constructive approach in students
<b>The Context:</b>	The present movement contributes to enrich the all-round potential and approach of students in the age of globalization. The foundation of Janata Darbar built on the five core values: Excellence, Performance, 'We' Spirit, Live Creatively, Path Finder
<b>The Practice:</b>	Activity oriented learning, Writing-Reading Skills Development, Group Discussion, Debate, Critical Thinking, Creative Thinking, Study Visit, Communication Skill, Observation Skill, Improvement of English Language, Time Wastage Management, Research, Counseling, SET-NET exam preparation.
<b>Evidence of Success:</b>	22 Students Admitted in PG, 13 Students Placed, NET - 08, SET - 04, Ph.D. Pursuing – 07, Qualified SET UG – 01, Student's Research Papers – 236 (Published - 139), Research Awards – 08, Writing Awards – 03, Research Projects – 12, Ph.D. Fellowship - 02 Students, Publications – 57, E-Content: 425422 Word, 1,1745 Minutes, Speeches Delivered – 20.  Established registered forum 'Enque: Research & Analysis Foundation'. Completed Two research assignments of Government of Maharashtra.
<b>Problems encountered and Resources required:</b>	Week academic foundation at UG level, Lack of skills related to acquired knowledge, illiteracy of academic career, Inferiority complex of rural students, Students addiction of social media  Financial support for special activities organized for skill development of students, Freedom of work and academic flexibility.
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## Glimpses of the Janata Darbar Activities







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2.

**‘Promotion of Mallakhamb: An Indigenous Sport of Maharashtra’**

**Goal:** To create awareness amongst the students and society about indigenous sports of the state namely Mallakhamb and to train students to achieve excellence in it.

**The Context:** Just like wrestling, Mallakhamb has the roots in the soil of Maharashtra. Initially, it was played as complementary to wrestling. Nowadays it is being played as an independent sports type, but still, it is overshadowed by the other popular, even more, costly sports like cricket, football, etc.

Mallakhamb is such a type of sport that enhances physical abilities and skills like agility, mobility, concentration, endurance, and willpower. So, for the last 32 years, our institution is committed to do sustained efforts to promote Mallakhamb by providing facilities and Coaching of higher level, so that students should excel in it.

**The Practice:** Our Institution works right from the root level. The physical directors of our senior and junior wings who are recognized Mallakhamb coach visit secondary schools in the Warana Region along with their team, explain the importance and give presentations of Mallakhamb. Even coaching camps are organized in these schools so as to develop an interest in Mallakhamb at an early age. When they get admitted to the institution, they avail guidance and expertise of the directors of physical education. Coaching camps are organized and eminent experts in the field are invited to train the students.

Students get opportunities to present their Mallakhamb skills at Zonal, Inter-zonal, and National levels. Such Players are provided with free hostel accommodation in the hostels and concession in the college fees.

**Evidence of Success:** The institution has achieved stupendous success in the form of having a hold on the prestigious ‘R. P. Powar Mallakhamb Trophy’ of Shivaji University for the last 34 years in Row.

Many of our players are a part of the Shivaji University Mallakhamb Team which is the winner of the All India Inter-University Mallakhamb Trophy for the last 32 years in Row.

Many of our Mallakhamb players are honored with Color Awards, Sportsman Awards, and National Level Sports Scholarship.

	<p>Due to Mallakhamb, there is the enhancement of physical and mental abilities, which is reflected through the success of our players in competitive examinations, by scoring almost 100 marks in Physical Fitness.</p> <p>Four players are placed as DYSP, more than 27 are PSI and many more are working as police. Training of Mallakhamb has proved beneficial for the career of students.</p>
<p><b>Problems encountered and Resources required:</b></p>	<p>Still there is no grandeur to Mallakhamb and the attitude of the society and parents is quite hostile towards Mallakhamb. Our institution has to convince the parents personally to allow their wards, particularly girls to play Mallakhamb.</p> <p>The facility of Mallakhamb (Pole) is not easily available everywhere, so the players have limitations on practice. It is necessary to increase the number of Mallakhambs in the institution and advanced foam mats are necessary to prevent injuries.</p>
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## Participation in Mallkhamb Competitions



## Demonstration at village level

