

Yashwantrao Chavan Warana Mahavidyalaya, Warananagar

Internal Quality Assurance Cell

BEST PRACTICES

1. Interclass Quiz Competition

Goal:

In line with the motto of the institute, we have developed an interclass quiz competition to build up confidence among the students regarding their abilities to face knowledge-based competitions. The goals are to build team spirit among them, to create an opportunity for students to test the depth of their knowledge, to increase their interactions with respect to conscious efforts for career development, to motivate them to study the basics of all subjects, and to create awareness regarding current affairs.

The Context:

The institute is located in a hilly area. Most of the students come from rural family backgrounds. Before about 25 years, neither the parents nor the students were aware of opportunities available through a competitive examination to join civil services. The students were lacking confidence in their capabilities due to negligible exposure and the unavailability of an opportunity to exhibit their talent.

In this context, the then teachers of the institute came up with the idea to organize the 'Interclass GK Quiz Competition' every year. This activity was in line with the motto of the institute 'Nav Manava Sakaru, Hach shikshanacha Mahameru' which means 'Manifestation of New Human Being is the ultimate achievement of education. This activity is being continuously sponsored by Warana Satkarya Sanvardhak Mandal, Warananagar (NGO).

The Practice:

Due to the COVID-19 pandemic situation, there were many restrictions on physical assembly. The institute could not arrange the quiz competition in the traditional manner. Therefore, we adopted the online mode for the screen level and the offline mode for the face-to-face quiz competitions of selected students.

By arranging committee meetings, we shared the responsibilities among the teachers. Google quiz of 20 questions each were shared online for 8 subjects and kept open for all. 1627 students from 23 colleges in Maharashtra and Karnataka participated in the program. The aggregate result was used to prepare the merit list.

The offline quiz was arranged by inviting 3 toppers of the institute from each class. The offline quiz was arranged in two lots namely junior college teams and senior college teams. Four teams each were selected from these groups after the completion of the qualifier round (round first). There were 8 subjects in the qualifier round viz., General Science, Economics, Geography, History, Maharashtra, General Knowledge and

	<p>Current Affairs, Sports, and Mixed Bag. In finals, Rapid Fire was an additional round.</p> <p>The top 3 individuals from online quizzes and 3 teams from offline quiz were awarded a certificate, Memento, and cash prizes.</p>
Evidence of Success:	The student participants of the quiz showed much-improved performance in academic studies. The quiz resulted in the development of students' interest and awareness in competitive examinations. Many of the students opted for state government civil services like careers and got great success.
Problems encountered and Resources required:	As most of the students are coming from an agricultural family background, it requires much effort to motivate the students and engage them in intellectual discussions. Identifying and motivating the students for a knowledge-based quiz and keeping their interest intact for the long term is a challenging task. Providing smartphones and to avail, fast speedy internet network is a challenging task in this rural and hilly area.
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Glimpses of the Interclass quiz competition



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2. 'Promotion of Mallakhamb: An Indigenous Sport of Maharashtra'

Goal:	<p>To create awareness amongst the students and society about indigenous sports of the state namely Mallakhamb and to train students to achieve excellence in it.</p>
The Context:	<p>Just like wrestling, Mallakhamb has the roots in the soil of Maharashtra. Initially, it was played as complementary to wrestling. Nowadays it is being played as an independent sports type, but still, it is overshadowed by the other popular, even more, costly sports like cricket, football, etc.</p> <p>Mallakhamb is such a type of sport that enhances physical abilities and skills like agility, mobility, concentration, endurance, and willpower. So, for the last 31 years, our institution is committed to do sustained efforts to promote Mallakhamb by providing facilities and Coaching of higher level, so that students should excel in it.</p>
The Practice:	<p>Our Institution works right from the root level. The physical directors of our senior and junior wings who are recognized Mallakhamb coach visit secondary schools in the Warana Region along with their team, explain the importance and give presentations of Mallakhamb. Even coaching camps are organized in these schools so as to develop an interest in Mallakhamb at an early age. When they get admitted to the institution, they avail guidance and expertise of the directors of physical education. Coaching camps are organized and eminent experts in the field are invited to train the students.</p> <p>Students get opportunities to present their Mallakhamb skills at Zonal, Inter-zonal, and National levels. Such Players are provided with free hostel accommodation in the hostels and concession in the college fees.</p>
Evidence of Success:	<p>The institution has achieved stupendous success in the form of having a hold on the prestigious 'R. P. Powar Mallakhamb Trophy' of Shivaji University for the last 31 years in Row.</p> <p>Many of our players are a part of the Shivaji University Mallakhamb Team which is the winner of the All India Inter-University Mallakhamb Trophy for the last 31 years in Row.</p> <p>Many of our Mallakhamb players are honored with Color Awards, Sportsman Awards, and National Level Sports Scholarship.</p>

	<p>Due to Mallakhamb, there is the enhancement of physical and mental abilities, which is reflected through the success of our players in competitive examinations, by scoring almost 100 marks in Physical Fitness.</p> <p>Four players are placed as DYSP, more than 25 are PSI and many more are working as police. Training of Mallakhamb has proved beneficial for the career of students.</p>
Problems encountered and Resources required:	<p>Still there is no grandeur to Mallakhamb and the attitude of the society and parents is quite hostile towards Mallakhamb. Our institution has to convince the parents personally to allow their wards, particularly girls to play Mallakhamb.</p> <p>The facility of Mallakhamb (Pole) is not easily available everywhere, so the players have limitations on practice. It is necessary to increase the number of Mallakhambs in the institution and advanced foam mats are necessary to prevent injuries.</p>
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Inauguration of Regional Mallakhamb Competitions, Shivaji University, Kolhapur



Receiving the prestigious 'R. P. Powar Mallakhamb Trophy' of Shivaji University, Kolhapur